



Central Middle School Meal Program

December 2019 -Payment Form

The **December** School Meal Program will start **Monday, December 2, 2019**.

If you wish your child(ren) to participate in the School Meal Program for the month of **December**, this form must be signed and returned to the school office by

Wednesday, November 27, 2019

Central Middle School offers Hot Lunches!!

Your child's lunch costs the School District **\$4.20 per day**; this includes 1/3 of their daily Recommended Nutrient Intake (RNI).

Families who use the program are asked to pay the full amount of \$4.20 per day.

Consent/Payment Form

*Please return this Form by **Wednesday, November 27, 2019**.*

I give permission for my child(ren) to participate in the School Meal Program

Payments may be paid in cash, or by cheque – payable to **Central Middle School**

NOTE: *The full month option can be paid using the online system through the parent portal*

The cost for the month of **December is \$63.00 (15 days @ \$4.20)** per child. If selected days are wanted, please pay \$4.20 per day and specify the dates on this form.

Please find enclosed \$_____ for the month of **December** (or for my selected dates)

Selected date(s) _____

Student Name _____ Teacher _____ Div _____

Student Name _____ Teacher _____ Div _____

Parent/Guardian Signature _____ Phone _____

Protection of Privacy:

The information on this form is required and will be used solely for the purposes of accounting. It will be kept secure and confidential in accordance with the Freedom of Information and Protection of Privacy Act. Any questions concerning the collection of this information can be directed to the Program Coordinator.

(If you are not able to afford any payment please call the school principal at 250-386-3591)

Please note

The Lunch Program is not providing drinks. Please provide a waterbottle. We cannot adjust the menu for children who do not like an item. Please review the monthly menu with your child and if your child cannot eat or does not like a certain item, please send a substitution that day and the School Meal Program will provide the rest of the meal.

December 2019 SD61 Hot Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Whole Wheat Pasta and Beef Bolognese sauce Vanilla Yogurt and Granola	3 Beef Burger Cracked Wheat bun Leaf Lettuce Red Delicious Apple	4 Chicken Nuggets Caesar Salad	5 Pepperoni and Cheese WW Calzone Golden Delicious Apple	6 Chicken Pot Pie Carrot sticks	7
8	9 Macaroni and Cheese Grapes	10 Chicken Burger Cracked Wheat Bun Red Delicious Apple	11 Sweet & Sour Meatballs Brown rice and Vegetables Banana	12 Bean and Cheese Quesadilla with Salsa Fresh Cut Fruit Salad	13 Sloppy Joe w/ shred cheese On Cracked Wheat Bun Golden Delicious Apple	14
15	16 Beef Dip Caesar Salad	17 Hot Dog Day! Cracked Wheat bun Red Delicious Apple	18 Chicken fricassee Brown Rice Banana	19 Lasagna Vanilla Yogurt and Granola	20 Back Up Food	21
22	23	24	25	26	27	28
<p style="margin: 0;">Winter Break December 23, 2019 to January 3, 2019 Schools reopen Monday January 6, 2019</p>						
29	30					